

Beragh Parish Bulletin



Pentecost Sunday

31st May 2020

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028 8555 7212

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Dear Parishioner and Gentle Reader,

I think the following quotations are interesting:

"What is happening to our young people? They disrespect their elders; they disobey their parents. They ignore the law. They riot in the streets inflamed with wild notions. Their morals are decaying. What is to become of them?"

And the other:

"The young people of today think of nothing but themselves. They have no reverence for parents or old age. They are impatient of all restraint... As for the girls, they are forward, immodest and unladylike in speech, behaviour and dress."

The quotations are interesting because the first one is attributed to Plato, the Greek philosopher, who lived in the fourth century before Christ and the second belongs to Peter the Hermit who died in 1274.

While we might think our problems are new and insurmountable, some things don't change a great deal!

When we read the New Testament, we realise there are also similarities between our world today and that of the Holy Land at the time of Jesus. In Palestine, at the time of Pentecost, there was very little reason for hope - politically, economically or even religiously. There was much oppression and things were to get worse with the destruction of the Temple in Jerusalem. Peter and the other apostles must have longed to be back in the old days of a few years earlier when life was settled, and they had a sense of security. But there was no going back.

Pentecost was indeed a Godsend - the Holy Spirit came upon them at the right time and transformed them radically. From being frightened, self-centred and cowardly, they became people of hope and courage, ready to step out and build a better world for all God's people.

Their first steps may have seemed small and insignificant, but those men and women were sowing the seeds of faith in Jesus as the Risen Lord. From Jerusalem the power of that message would spread throughout the world and through all ages. In due course, the achievements of Francis of Assisi, Vincent de Paul, Mother Teresa and millions of other followers of Christ, stem from that first Pentecost.

We are Christ's disciples of today; may we too be filled with confidence and hope. Pentecost is an invitation and an opportunity to let God's Spirit transform our hearts and renew the face of the earth.

With every blessing, Monsignor Colum.



Grant them Eternal Rest, O Lord

All Names on the Parish Dead List

Recently Deceased: Neil O’Dea; Terence McGarvey;
James Joseph Kerr; Kathleen McCrystal;
James Caffrey (Funeral Mass on Monday via the
Webcam). Due to the Coronavirus Pandemic, house
and funeral strictly private.

Church of Immaculate Conception, Beragh

Sunday 31st May at 11.30 am	Shane Smyth.
Monday 1st June at 11.00 am	James Caffrey (Funeral Mass).
Tuesday 2nd June at 7.30 pm	Joe Devlin.
Friday 5th June at 7.30 pm	Eta and George Nixon.

Webcam

Evening Devotions - Sunday 31st May at 7.30 pm and on Friday at 7.00 pm
(Please select Mobile Camera on webcam page).

Masses - Monday at 11.00 am; Tuesday to Friday at 7.30 pm and Saturday at
10.00 am.

Request for Help



Beragh parish is blessed to have many people who kindly volunteer their services to various groups, organisations and committees, which contribute greatly to the efficient running of the parish. I wish to thank specifically those teams of people who clean our chapels, keeping them presentable and worthy of the sacred spaces they are. Most times we might not even know who these people are because they work away quietly and discreetly - polishing, dusting, hoovering and sometimes providing flowers.

Because of the COVID 19 restrictions, our present circumstances are very changed. In relation to our chapels, I am pleased that we have been allowed to re-open the Church of the Immaculate Conception in Beragh for private prayer and personal visits. In order to do so, we had to ensure that certain guidelines relating to hygiene and social

distancing were in place. In that context, I want to thank the team who helped with those preparations.

Every evening at 6.00 pm someone checks the chapel, cleans where necessary and leaves everything in order for the following day. Because of the “card system”, whereby they know what places have been occupied, the work is relatively easy and can be completed within 15/20 minutes.

In order to draw up a rota, I am asking for volunteers, who might be able to assist with this task. I would be really pleased if some younger people - boys and girls over 18 - could offer their help (this work can qualify for John Paul 11 awards). Hopefully, when I have a sufficient pool of names, I will draw up a rota and let people know what is entailed. Obviously, the more volunteers the better. So if you would be willing to offer your service, please contact by e mail beraghparochial@btinterent.com or 02880 758 206 and leave your details.

Annual Diocesan Pilgrimage to Knock - 31 May 2020

The Annual Diocesan Pilgrimage to Knock will be celebrated today 31st May, Pentecost Sunday. This year, due to the COVID-19 pandemic, the Pilgrimage will be celebrated online from Knock Shrine beginning at 2.30 pm, with the recitation of the Rosary, a video greeting from the Archbishop at 2.55 pm and the celebration of the Pilgrimage Mass at 3.00 pm. The Pilgrimage can be viewed using any of the following links:

<https://www.knockshrine.ie/watch-live/?v=79cba1185463>

<https://youtu.be/ZXQ4Uqqzr1s>

<https://www.armagharchdiocese.org/virtual-pilgrimage-to-knock-2020/>

Emotional Wellbeing during the Covid-19 Pandemic - Video

In conjunction with Fr Dermot McCaul, SMA, the diocese has produced a short video on emotional wellbeing during the Covid-19 pandemic. The video is intended to offer guidance around issues of emotional wellbeing and mental health during these times. It also gives some sound and practical advice on how each of us can navigate these challenges and indeed flourish beyond this period. Fr Dermot suggests five daily actions and activities that can help:

1. Reduce and limit Media and Multimedia interaction;
2. Exercise daily;
3. Make time for daily prayer;
4. Develop and maintain a daily routine;
5. Whilst honouring social distancing protocol engage with family and friends.

The video can be accessed at the following link:

<https://youtu.be/f8jX-f0QcH0>

Personal Prayer and Private Visits

The Church of the Immaculate Conception, Beragh will be open for personal prayer and private visits during the following times:

Saturday and Sunday 2.00 pm to 6.00 pm

Monday to Friday 8.00 am to 6.00 pm

Anyone who is unwell, or exhibits symptoms of COVID-19, and those who have been advised to shield themselves, should not visit.

Anyone who wishes to make a visit must strictly observe the social distancing regulations and good hygiene practices as outlined at the church entrance.

To facilitate those who will have to clean the church each evening, it is very important that anyone making a visit should collect at the door a laminated page with the message:

“This place has been occupied - please clean”

When the visit is complete, this card should be left on the seat that has been used. In this way, the cleaners will know where they need to clean.

Candelabra

If anyone wishes to light a votive candle, they are asked to use their own matches/lighter or light their candle from one that is already lit. Please exercise caution when doing so.

The Oratory in Sixmilecross will be closed until further notice.

It's worth noting that the Rosary and Masses from the Oratory are available on You Tube. Search for “sixmilecross oratory youtube”.

Trocaire Lenten Campaign 2020



**YOUR TRÓCAIRE BOX CAN
MAKE A BIG DIFFERENCE**

MORE THAN EVER, THE WORLD'S MOST
VULNERABLE NEED YOUR HELP

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www.trocaire.org

Trocaire, Freepost
Maynooth, Co. Kildare
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Or check with your local parish
for the safest way to return it.

trócaire

The advertisement features a hand holding a Trocaire box. The box is brown and has text on it: 'trócaire YOUR DONATIONS CAN CHANGE A LIFE THIS LENT.' Below this, there are two sections: 'HELP MADRIS PROTECT HER FAMILY THIS LENT' and 'HELP ANGELA PROTECT HER FAMILY THIS LENT'. Each section includes a photo of a woman and her children and a short story. The background is black with white text.

Arrangements for making returns

As you know, donations made through the annual Trocaire Lenten Campaign, especially the Trocaire box, fund lifesaving programmes around the world. The contents of each and every Trocaire box, no matter how small, come together to make a significant difference. This year people can return their Lenten donation in several ways:

- 1 Online at www.trocaire.org
- 2 By post to any of Trocaire's offices:
Trocaire, Maynooth, Co Kildare.
Trocaire, 50 King Street, Belfast BT1 6AD.
- 3 By phone 0800 912 1200.

In Beragh Parish - people can make their returns through the letter box in the Parochial House, Beragh at any time during the coming week or bulky boxes can be left in a special container in the hallway of the Parochial House, today (31st May) between 2.00 pm and 6.00 pm. It is hoped that we can finalise the parish returns by 8th June.

An Act of Spiritual Communion

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

St Vincent de'Paul

Are you elderly or have an underlying health condition? Are you afraid to leave home to get groceries or prescriptions? SVP members will gladly support and help you at this difficult time. Please do not hesitate to contact our helpline number on 07738 837 875.

Community Volunteers

Beragh, Sixmilecross and surrounding areas have come together and are currently working alongside our local shops and businesses to provide 'shop to home' service for the elderly, vulnerable those who are self-isolating or those who feel anxious by the surreal position we all find ourselves.

When you place your order with the local shops, whether it's for groceries, butchery, newspapers, coal or any other essential needs, they will contact the Community Volunteer Co-ordinator (Niall Farley 07753 741 588) if assistance is required, the co-ordinator will then arrange for a volunteer to deliver your goods to your door. This will be a non-contact free delivery service.

We encourage anyone who might need this service to get in contact:

Donaghy's Spar, Beragh:	02880 758 273;
McGinn's Butchers, Beragh:	02880 758 844;
G W Gibson & Son, Beragh:	02880 758 247;
Heaney's Spar, Sixmilecross:	02880 758 050;
Jackie's Nisa, Sixmilecross:	02880 760 547;
Centra, Curr Road, Beragh	02880 410 980;
Crozier's Day Today, Seskinore:	02882 840 021.